



Author & Publisher

Motivator & Speaker

Founder & Mentor

# Elements of ME

Maranda Evans is a conqueror of adversity and a motivator for others. Despite having an absentee father, surviving abuse, and managing mental illness, Maranda is dedicated to helping others turn their pain into purpose by using her gift of writing and encouragement. Maranda also works as a self-employed accountant and holds a Masters of Business Administration in Accounting from Texas Southern University as well as a Bachelor of Business Administration in Accounting from Sam Houston State University. In January 2018, she started **Elements of ME, LLC** providing accounting and writing services for businesses and individuals.

### Author & Publisher

Maranda embraced her gift of writing and an act of extreme courage when she published her first book, *Troubled*, in November 2015 by releasing to the world the details of her troubled life as a teenager. In her award-winning memoir, she expressed the loss of her father to domestic murder in 2004, the details of her molestation and sexual assault, her failed attempts of suicide, and a 10-year battle with depression. On July 16, 2017, in memory of her late grandmother Mildred Stoot; Maranda released her second book titled *Renewed Strength: Steps to Becoming a S.U.R.V.I.V.O.R* by introducing an active step of healing for each letter in survivor.

In January 2020, Maranda launched her publishing company, **Victorian Publishing**, in honor of her grandmother and to grow her experience and abilities beyond editing and consultations.

# Motivator & Speaker

She speaks on topics including, but not limited to mental illness, self-esteem, love, family, spirituality, abuse, and the importance of recognizing your purpose. Her positive energy and empowering spirit engages with the audience in any setting. You just say when and where and Maranda takes it from there. In January 2019, Maranda launched her YouTube channel, **Motivation with ME**, as a visual perspective of her blog, **Elements of ME**.

## Founder & Mentor

Founded and incorporated on October 5, 2017 as a 501(c)(3) non-profit organization, **The Troubled Movement**, **Inc.** is dedicated to enriching and encouraging teens and young adults using spiritual and educational programs, events, and activities. The Movement also supports victims of abuse and mental illness with their program, *Heroes & Survivors*. Maranda is the President and Founder of this organization and believes that her vison is to help move others from the "troubled" stage in their lives.

### Reviews & Responses

As you look at Maranda you may think, "Oh she's reached the pinnacle in her career since she started at a young age", but truth is, this is just the beginning. Watching her motivate and work to truly make our community and youth "Great Again" has been a complete honor! Her accomplishments far exceed your average mid to late twenties young adult. She has her hands in numerous business sectors and her drive and ability is a force to be reckoned with alone! I can't wait to see what 2020 will hold for this amazing woman!

Christian Simmons, Vice President of The Troubled Movement, Inc.

It feels good to know someone who's been through something similar and to know that they've made it through makes me feel so much better so thank you for that. And thank you for helping these people the way that you do. We don't have too many people like that these days.

Jalika Joni Mercer, Photographer and Mentee

Maranda is a gift from God! She was able to go through an unspeakable event and turn her pain into her testimony. A testimony that she is using as a platform to help others. I met Maranda 3 years ago through a business transaction and fell in love with her encouraging spirit. I am proud she has taken ownership of the duty of giving back to the youth. Sharing her experiences allows the youth to learn from her in many ways. Congratulations on all your success and I wish you much more in the future!

Tamesha Wells, TAS Realty Group

The Troubled Movement has helped me not feel alone in my struggles and to know that I can overcome any hardships I may face and, for that, I am forever grateful!

Kijawna Johnson, Community Supporter

### Recognitions & Features

- Radio One's Black History "Ordinary People Doing Extraordinary Things" Recognition
- o 40 under 40 Award for Authors, Bloggers, and Artists
- Black Girl Excellence Mentor of the Year Award
- Voyage Houston Magazine "Trailblazer's" and "Hidden Gems"
  Feature Articles









### The Troubled Movement, Inc.

Our Vision: Building Perseverance Through Adversity

**Our Mission:** To enrich and encourage teens and young adults using spiritual and educational activities, events, and programs. We also focus on empowering victims of abuse and mental illness.

#### **Our Programs:**

Project Excellence (Men & Women 13-25)

Movement Mentoring (Men & Women 13-25)

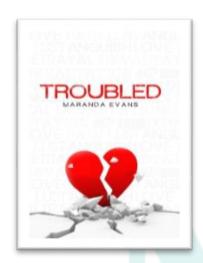
Heroes & Survivors (Abuse and Mental Illness victims)

Learn more at www.thetroubledmovement.org

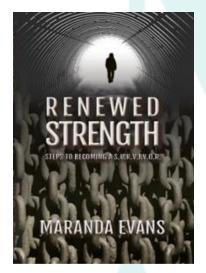
Facebook, Instagram, and Twitter: The Troubled Movement



### Published Literary Works



Troubled is a true story based on the life of Maranda Evans. After the tragic death of a few loved ones, she struggles to find her purpose in life over a ten-year period. While losing everything, Maranda forgets what she learned as a child. Abuse, love, and scandalous men break her down piece by piece. Will she make it through these struggles and become the woman she always wanted to be, or will her bad decisions ruin her life forever?



Maranda Evans is a victor against the most challenging of life's abuses. Through prayer and faith, Maranda renewed her strength to emerge from victim to S.U.R.V.I.V.O.R. In this two-part novel, Maranda walks readers through the common paths of pain followed by the steps we can take to overcome them.



In her first memoir, *Troubled*, published in 2014, we saw Maranda as the troubled teen who experienced trauma, depression, and promiscuity. *Transformation* is the second book of a three-part series that shows the transition from who she was to what she has become: an author, entrepreneur, and mentor. However, it wasn't an easy road and this is a detailed explanation of her journey.

Maranda Evans is the author of her personal blog "Elements of ME" available to enjoy on her website marandaevans.com. Maranda blogs on a wide range of topics from the latest news, personal tragedies and triumphs, or just a random blog here and there to spice things up!

### Speaking Engagements & Topics

- o Overcoming Brokenness with Romeco Dawkins Ministries, February 2016
- o Houston Delta Chapter Literary Café, February 2016
- Survive & Thrive: Vol. I, June 2016
- o Mental Health Matters Suicide Prevention September 2017
- Wear the Crown Retreat for Girls 12-18 December 2018
- Making Mentoring a Movement Workshop Speaker for the 2019 Texas Mentoring Summit
- Alief STEM Conference Workshop April 2019

#### Topics of Experience (including, but not limited to)

**The Beauty in You** - When we face adversity, the first thing we lose is the love we have for ourselves. Self-love is loving yourself, taking care of yourself, and respecting yourself, first. We must realize our full value and not undermine our bodies, mind, or spirit.

**Release the Silence** - As a survivor of rape and molestation, I can extensively speak about how abuse can affect your life long-term. It can be especially harmful if we do not seek professional and spiritual methods of healing. Mental illness comes in many different forms. Some of these are hereditary or the result of the body breaking down as we age. Others are the result of trauma or situations we go through.

**Author Talk** – Whether you are a blogger, writer, or someone who journals; you can also become an author. There are so many individuals who want to publish a book or have a story to tell, but don't know where to begin. As an "Indie Author" myself, I know what that feels like. After years of experience and helping countless people make their literary dreams come true, I know that with a little guidance you can also publish your story.







# Booking

Thank you for considering  $\underline{\boldsymbol{M}}$  aranda  $\underline{\boldsymbol{E}}$  vans as your audience motivator!







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